

# Breakfast

All Breakfast Entrées are served with Freshly Brewed Premium Coffee, Regular or Decaf and your choice of White or Wheat Toast.

Cholesterol Free Egg substitutes are available. Please ask your Server.

## THE AMERICAN BREAKFAST

Two Eggs any style, served with Home Fried Potatoes or Hash Browns and your choice of Ham, Sausage, Bacon or Chicken Sausage  
\$14.00

## STACK OF PANCAKES

Three Pancakes with Sweet Whipped Butter and Maple Syrup with your choice of Ham, Sausage, Bacon or Chicken Sausage  
\$12.00

## CHICKEN FRIED STEAK & EGGS

America's Favorite! Topped with Country Gravy served with Two Fried Eggs and Home Fried Potatoes or Hash Browns  
\$16.00

## HEALTH CLUB BREAKFAST

Fresh Fruit and Seasonal Berries with Granola served with Plain Greek Yogurt and Honey  
\$10.00

## THREE EGG OMELETTE

Your Choice of Fresh Spinach, Mushrooms, Tomato, Chives, Bell Peppers, Scallions, Onion, Ham, Bacon, Chicken Sausage, Swiss, Cheddar, American or Jack Cheese served with Home Fried Potatoes or Hash Browns  
(No Yolk available upon request)  
\$14.00

# Kid's Menu

Ages 12 and under please

## PANCAKES OR BUTTERMILK WAFFLE

With Fresh Berries and Maple Syrup  
\$5.00

## SCRAMBLED EGGS

With Home Fried Potatoes and Bacon or Chicken Sausage  
\$6.00

# Lunch

## Appetizers

### CHARRED CORN GUACAMOLE\*

Corn Tortilla Chips  
\$13.00

### GREEN CHILI QUESO

Corn Tortilla Chips  
\$11.00

### BUFFALO WINGS\*

Classic Spicy, Lemon-Pepper or BBQ served with choice of Ranch or Blue Cheese  
\$11.00

## Soups

### GALVESTON STYLE GUMBO

Cup \$8 Bowl \$10

## Salads

### SPINACH & WALNUT SALAD

With Gala Apple, Blue Cheese, Balsamic Dressing  
\$12

### STUFFED AVOCADO SALAD\*

Local Greens, Roasted Tomatoes, Oregano Vinaigrette, Choice of Fillings: Chicken Salad or Tuna Salad  
\$14

### CLASSIC CAESAR SALAD\*

Romaine Lettuce Tossed with the Finest Imported Reggiano Cheese, Croutons and Our House Made Caesar Dressing  
\$10  
\$16 With Grilled Chicken  
\$18 With Grilled Shrimp

## Sandwiches

ALL SANDWICHES BELOW INCLUDE

Your choice of: French Fries, House Made Chips, Fruit Cup or Side Salad

### N.O.S. CHICKEN SANDWICH

Fried Chicken Breast, Pickles and Mayo  
\$12

### GULF COAST FISH SANDWICH

Gulf Grouper, 1000 Island Slaw, Pickles, Field Green Salad  
\$15

### GRILLED CHICKEN WRAP

Chopped Romaine Lettuce, Red Onion, Tomato, Spicy Ranch Dressing Rolled in a Spinach Flour Tortilla  
\$12

### SHRIMP PO BOY SANDWICH

Fried Shrimp, with Shredded Lettuce, Tomato and House Made Tartar Sauce  
\$15

### TEXAS GROUND BURGER

Ground Angus Chuck, Mild Cheddar Cheese Served on a Challah Roll. Veggie patty available upon request  
\$15

### GRILLED NY STEAK SANDWICH

Tomatoes, Grilled Onions and Arugula. Served on a French Roll  
\$26

## SOUP & SANDWICH

A Cup of Our Homemade Soup Paired with a Half of the Featured Sandwich of the Day.  
\$12.00

## Entrées

### BAJA SHRIMP OR FISH TACOS

Cabbage Slaw, Chipotle Crema, Fresh Pico  
\$18

### POPCORN SHRIMP & FRIES

with Cocktail and Tarter Sauces  
\$18.00

### 10 OZ NY STEAK & FRIES

With Cowboy Butter  
\$28

### TEXAS GULF SNAPPER\*

Crab Meat, Lemon Butter Sauce, Served on a bed of rice  
\$32

### FRIED PORK CHOP

With White Gravy, Buttered Broccoli and Mashed Potatoes  
\$24

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

\*Denotes Gluten Free

